



- ♥ Children's bereavement Support Program is a 6 week program for children from ages 6 to 12 .
- ♥ Parent/Guardian Group meets while the children's program is in progress. Adults are able to gain new ideas from other participants, discuss productive ways of supporting the grieving children, and refine communication for the whole family.
- ♥ Children's grief depends on their development level and their family situation.
- ♥ Children are similar to adults in that their grief is real and intense. However, children may show their grief differently by repeatedly grieving in bursts of time and often expressing their grief through play.

*"Any child old enough to love is old enough to grieve."*

Dr. Alan Wolfelt



- ♥ Children in grief deserve to be listened to, have their feelings validated, and be given the opportunity to play with other children who have suffered deaths.
- ♥ The basis of the Ridge Meadows Hospice Society children's bereavement program is respect – respect for children's response to death, respect for their right to mourn, and respect for their uniqueness as individuals.
- ♥ Children in grief often feel different from their friends. The opportunity to play with peers who have experienced similar losses can be very beneficial.



- ♥ Creative activities can assist children to cope with the death of someone they love by allowing them to express complicated emotions without words.
- ♥ Through colouring, painting, interactive story -telling, circle discussions and more, children can express and learn to understand their grief.



- ♥ There is no cost for any of the programs. For more information please contact Ridge Meadows Hospice Society.



**Ridge Meadows Hospice Society** is dependent upon your support. If you are interested in becoming a member, making a donation or planned giving please complete the following:

**Membership**

- \$30 Three Year Membership
- \$15 One Year Membership

**General Donation**

- \$ \_\_\_\_\_
- Cheque
- Visa # \_\_\_\_\_  
Expiry Date: \_\_\_\_\_

**Planned Giving**

- Monthly Giving
- Bequests – gifts made through wills or living trusts
- Gifts of Stock or Property
- Life Insurance

**Memorial Gift**

A gift in memory of a loved one is a special way to support hospice.

**Ridge Meadows Hospice Society** will send a personalized letter acknowledging your gift.

Tax receipts will be issued for donations of \$15.00 or more



**Ridge Meadows Hospice Society**

**Mission Statement**

To provide compassion, support and care to patients and loved ones in dealing with end of life experience, grief and mourning.

**Vision Statement**

To be recognized by the community as a society that, through our efforts, enables dying persons and their families to experience this part of their life story in comfort, dignity and peace



RONALD MCDONALD HOUSE CHARITIES



BRITISH COLUMBIA  
The Best Place on Earth



**Ridge Meadows Hospice Society**

*Grief has no timeline.*

**Children's Bereavement Support Program**



**Ridge Meadows Hospice Society**

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